



## NIAGARA CATHOLIC DISTRICT SCHOOL BOARD

The Niagara Catholic District School Board, through the charisms of faith, social justice, support and leadership, nurtures an enriching Catholic learning community for all to reach their full potential and become living witnesses of Christ.

# April 2025

## Called by Name: Come Follow Me



Dear St. Elizabeth Families,

Spring is in the air!! The beginning of new life. We experience the season of Easter on a personal level. We celebrate nature's season of Spring and Easter as new life. Each day we continue along our Lenten journey, and the days grow longer and brighter let us recall that our new life comes from knowing Him, belonging to Him and worshipping Him.

*Corinthians 5:5:17: "...if anyone is in Christ, he is a new creation; the old has gone, the new has come!" NIV*

Easter Blessings,  
Mrs. J. Mangiacasale  
Principal



When Jesus says "Come, follow me," He's doing more than just asking us to walk with Him. He is asking us to become a part of something bigger. Imagine you're invited to join an adventure where you learn new things and grow in ways you never thought possible. Following Jesus means we get to learn from Him how to be more loving, forgiving, and courageous. It's like being part of a great story where each of us has a special role. As we follow Jesus, we discover our own strengths and talents and find joy in helping others. So, when we hear His invitation, it's a chance to embark on an exciting journey of faith and make a real difference in the world!

### WE ARE ONE WITH THE RISEN CHRIST

Lord, we lift our hearts to you. As the dawn breaks,  
may we carry the unity we share into every  
moment knowing that we are one with the risen  
Christ.

Lord, we lift our eyes to you. As the sun rises,  
may this moment stay with us, reminding us to  
look for the beautiful colours of promise in your  
word.

Lord, we lift our prayers to you. As the dew air falls,  
may we breathe this morning in and know that like  
the earth, you sustain us, keep us and work within  
us always.

And so, we lift our voices to you. We celebrate the  
greatest day in history, when Jesus rose from  
death, defeated darkness and bathed the world in  
stunning resurrection light.

May we ever live to praise you!

**Amen**



### FIRST HOLY COMMUNION

Grade 2 students will receive their **First Holy Communion** on **Sunday, May 25th** at the **10:00 a.m. Mass**. A special thank you to **Father Stanley and Mrs. Rossi** for preparing the students.



### CONFIRMATION

**Confirmation** will be held on **Saturday, May 31<sup>st</sup>** at the **5:00pm mass**. A special thank you to **Father Stanley and Ms. Habjan** for preparing the candidates.



*We are proud to be a part of the Lakeshore Catholic Family of Schools.*



# St. Elizabeth NEWS

## SAFE ARRIVAL LATE ARRIVALS/ EARLY DEPARTURES

It is an expectation that parents/guardians will use the Niagara Catholic Safe Arrival system to report their child's late arrival or absence for part or all of the school day. This **includes early departures**. If you're planning on picking up your child(ren) before the dismissal time, **please report this early departure in the system**, so the student/teacher/school knows ahead of time. Often the class is elsewhere in the school (gym, library, recess), and if we are aware in the morning, there is less disruption to everyone. Thank you for your cooperation in this matter.



## SPORTS NEWS

A Chess Tournament was held on Wednesday, March 26th at St. Mary Catholic School in Niagara Falls!! The chess team demonstrated master skills and strategies, but best of all superior sportsmanship!! Well done Team! The following students participated in the tournament, Weston B., Bella G., Charissa M., Trinity N., Avery P., Zander P., Louis S., Oliver S., Dylan V., Dante W., and Kaleesi W.

**Big Thanks to Coach Mangiacasale!**



Good luck to the St. Elizabeth badminton team that will be competing in the Lakeshore Family of Schools tournament on **Wednesday, April 30th**.

Good Luck !!

**St. Elizabeth Catholic  
Elementary School  
Open House  
Thursday, May 1<sup>st</sup>.  
4-7pm**



## CATHOLIC SCHOOL COUNCIL NEWS



All parents/guardians are invited and encouraged to attend our CSC meetings. The next meeting will be **Tuesday, April 29th at 6:00 pm** at school.

The Winter Frenzy Gift card draw was won by the McPherson Family. Thank you to all families who generously donated to this Fundraiser which will be put toward the grade 7/8 class trip to Camp Medeba.

Thank you to our parent council who continue to come in and provide homemade snacks on Bake Fresh Fridays.

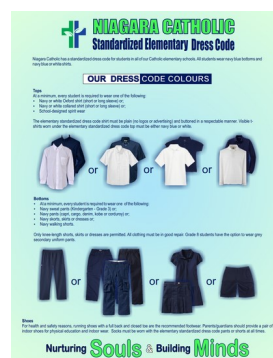
Also a huge Thank you to all parents for participating in our skating season this year! We could not have done it without you!



## STANDARDIZED DRESS CODE

Reminder that students are expected to follow dress code expectations daily. We have provided a graphic below as a reminder of the colour and items of clothing that students can wear to school. Our Grade 8 Students are also able to wear their GRAD Hoodies!

All students can also wear St. Elizabeth Spirit Wear or Lakeshore Catholic Spirit Wear! Thank you for your continued support.



## ECO NEWS



**Earth Day is on April 22nd.** Earth Day activities are a great way to begin celebrating and caring for the Earth. During the week of **April 22nd**, students at St. Elizabeth School will celebrate Earth Week by participating in a variety of activities that extend beyond Earth Day/Week, inspiring students to give back to the Earth throughout the year. Everyone is encouraged to wear a **green shirt on Tuesday, April 22nd**.

# Lakeshore Catholic High School Presents...

# MAMMA MIA!™



May 1, 2025 - 7pm  
May 2, 2025 - 7pm  
May 3, 2025 - 2pm & 7pm  
May 4, 2025 - 2pm

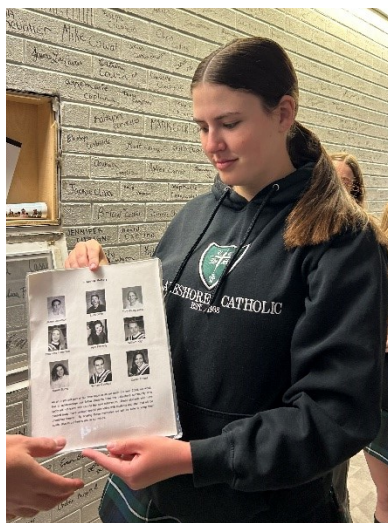
Tickets \$20 (\$15 Students)  
Ticket available via:  
SCHOOL CASH ONLINE  
or by contacting Nancy Bodis  
[nancy.bodis@ncdsb.com](mailto:nancy.bodis@ncdsb.com)  
or (905) 835-2451 or visit  
[www.lakeshorecatholic.ca](http://www.lakeshorecatholic.ca)

Music and Lyrics by : BENNY ANDERSSON & BJORN ULVAEUS  
Presented through special arrangement with Music Theatre International MTI



## LAKESHORE CATHOLIC NEWS!

Today, multiple classes and members of LCHS Students' Council opened the *Jubilee 2000 Time Capsule*. This Time Capsule was created on December 23, 1999 at the turn of the century – many would remember this date as Y2K! Pope John Paul II commemorated Jubilee 2000 as a special period of celebration and spiritual renewal, marked by a theme and the opening of the Holy Doors in Rome, encouraging pilgrimage and forgiveness. Today, as a school community, we marked this special date by highlighting our new Holy Year, Jubilee 2025, with it's theme "Pilgrims of Hope." We shared the history of the Jubilee 2000 Wall where all staff and students from the 1999-2000 school year signed one brick on this wall, in addition to the time capsule. As we celebrate Jubilee 2025, members of our school community will be creating a new Catholicity Wall in this space where we will capture memories from both Holy Years, along with Catholic commitments to our Witness through expressions of our Catholic Social Teachings and Catholic Graduate Expectations. The contents within the Time Capsule will be on display in the chapel until the end of this school year; guests are invited to come see the contents if they so choose. Our new Catholicity Wall will be completed for the start of May 2025, Catholic Education Week – during that week, we will also be celebrating mass honouring Jubilee 2025.





## CALL FOR NOMINATIONS NIAGARA CATHOLIC PARENT INVOLVEMENT COMMITTEE (NCPIC) MEMBERSHIP 2025-2026



The Niagara Catholic Parent Involvement Committee (NCPIC) supports the Mission of Catholic education and the Mission, Vision and Values of the Niagara Catholic District School Board by providing a communication link to parents/guardians, Catholic School Councils, the Diocese, the Director of Education, and the Board. The NCPIC promotes active parent/guardian engagement within all schools for the improvement of student achievement and well-being of all students in the Niagara Catholic District School Board.

The NCPIC membership is made up of parents/guardians, community and student representatives, the Bishop of the Diocese of St. Catharines or his appointed representative, principals, teachers, support staff, the Director of Education or designate, the appointed Superintendent of Education and Trustees. The Niagara Catholic Parent Involvement Committee meets on the first Thursday of the month, on a bi-monthly basis (or as noted) at the Catholic Education Centre from 6:30 p.m. to 8:30 p.m. Meetings are open to the public, livestreamed and recorded.

### COMMUNITY REPRESENTATIVES

The Niagara Catholic District School Board is seeking to appoint up to three (3) community representatives for the 2025-2026 school year to the Niagara Catholic Parent Involvement Committee. Interested parties are to complete and submit the Community Representative Form, along with a letter of recommendation supporting the nomination from the community agency, association, or organization addressed to **Danny Di Lorenzo, Chair of the Board no later than 4:00 p.m., on Friday, May 16, 2025.**

### PARENT/GUARDIAN REPRESENTATIVES

To be eligible for election/appointment as a parent/guardian representative to the Niagara Catholic Parent Involvement Committee, a person:

- must be a parent/guardian of a student enrolled in a school of the Niagara Catholic District School Board;
  - must reside within the jurisdiction of the Board;
  - must support the Mission, Vision and Values of the Niagara Catholic District School Board; and
- must fully participate in the annual Commissioning Ceremony of NCPIC members.

Available parent/guardian positions for the 2025-2026 Niagara Catholic Parent Involvement Committee Membership are as follows:

Fort Erie/Port Colborne/Wainfleet	2 positions	Parent/Guardian Representatives
Grimsby/Lincoln/West Lincoln	1 position	Parent/Guardian Representative
Thorold/Merritton	2 positions	Parent/Guardian Representatives
Niagara Falls	2 positions	Parent/Guardian Representatives
St. Catharines/Niagara-on-the-Lake	2 positions	Parent/Guardian Representatives
Welland/Pelham	1 position	Parent/Guardian Representative

Interested parents/guardians are to complete and submit the parent/guardian nomination form **no later than 4:00 p.m., on Friday, May 16, 2025.** Nomination forms are available at the school and on the Board website. Please click on the link: [Niagara Catholic Parent Involvement Committee](#).

**Please send nomination forms to:** Catholic Education Centre  
427 Rice Road  
Welland, ON L3C 7C1  
Attention: Yvonne Anderson

**BIG THANKS!!**

On behalf of everyone at St. Elizabeth Catholic School, we would like to extend our deepest gratitude to the Port Colborne Optimist Club for their generous donation of \$500 to support our nutrition program. Your contribution will help purchase nutritious snacks that are provided daily to our students.



Thank you to the Niagara Nutrition Partners for their continued funding of our Snack Program. NNP consistently provides us with funds that enables us to give our students that extra snack they may need for their growing bodies.

Donations by parents to add to this wonderful initiative is always open on school cash.



**Agency Highlight:** Community Living Welland Pelham

**Website:** [Home - Community Living Welland Pelham \(clwp.ca\)](https://clwp.ca/) <https://clwp.ca/>

**What they do:**

CLWP believes that everyone should live in an inclusive caring community, where all people belong and have equal opportunity to participate effectively. CLWP offers advocacy, programs and services for children, youth and adults with intellectual or developmental disabilities and their families in Welland and Pelham. CLWP has partnerships with other community organizations to support inclusive childcare, after-school and summer programs, independent adult employment and living, and family support services, including respite and advocacy. Check out the CLWP website for more information on how to access programs and service or to become involved.





## Niagara Region Public Health School Health Newsletter April 2025

### Connecting the Curriculum to Home

Your child might start learning about various parts of healthy human growth and development based on their grade and the [Ontario Health and Physical Education \(2019\) curriculum](#).

One important topic that is covered is consent.

### Starting the Conversation of Consent: Connecting The Curriculum to Home

(Parents of Elementary aged students)

With our School Health Nurses

Our Public Health Nurses Jenn and Austin discuss how to start the conversation of consent, and how to connect the curriculum to home.

- **Watch here:** [Starting the Conversation of Consent - Connecting the Curriculum to Home](#)
- [Frequently Asked Questions about Puberty](#) – as your child starts learning more about human development, our school health team wants to support adults with answering some of those tricky questions.

### Happy Oral Health Month!

The Niagara Region Public Health Dental Program offers **FREE** dental clinics for children and youth 17 and under throughout Niagara.

Appointments are available at the following locations:

Office Location	Day and Time
Niagara Falls Public Health Office 7835 McLeod Rd	Mondays 11:30 a.m. – 6:30 p.m. Tuesdays 9:00 a.m. – 4:00 p.m.
Niagara Region Headquarters 1815 Sir Isaac Brock Way	Wednesdays 9:00 a.m. – 4:00 p.m.
Welland Public Health Office 200 Division Street	Thursdays 9:00 a.m. – 4:00 p.m.



[Niagara's Mobile Dental Clinic](#) also travels around Niagara to various locations throughout the week.

All of our dental clinics offer free dental assessments, cleanings, fluoride and sealants. To book an appointment [contact the Dental Program](#) or [book a dental assessment online](#).

## Niagara Region Public Health School Health Newsletter April 2025

### Let's Talk Vaping

Even for elementary students, there's a good chance that kids have been exposed to vaping—whether at school, through friends, on social media, or in movies and TV shows. From one parent to another, learn the basics about vaping in just 12 minutes.

<https://www.notanexperiment.ca/parents/>



### Be Safe for Niagara

It can be overwhelming to try to navigate mental health supports in Niagara. With the [Be Safe app](#), you can get the help you need, when you need it most. Be Safe is a free mobile app that offers information and links to mental health, addiction and suicide prevention resources in Niagara. It helps support you through the process of reaching out when life feels overwhelming.

The Be Safe App in Niagara:

- Allows users to create a digital safety plan
- Informs users about mental health and addiction resources in Niagara

Helps you be prepared if you find yourself in a crisis .

For more information, please visit <https://besafeapp.ca/>

You can download the app on the [App Store](#) or [Google play](#)

